

Assisted Birth

In some vaginal deliveries your doctor may recommend using a vacuum or forceps to help baby deliver. Vacuum is much more common in Peace River. This may be because of maternal exhaustion or concerns about baby's health. It is only recommended if you are fully dilated, have been pushing well and are very close to delivery.

The medical staff will check the position of baby, make sure your bladder is empty and apply the vacuum to baby's head. During your contractions they will pull to help you move the baby down.

If your baby had an assisted birth we will monitor them closely over the next 24 hours. Baby will likely have an area of swelling where the vacuum was but this usually goes down very quickly.



<https://www.pregnancyinfo.ca/birth/delivery/vacuum-and-forceps-assisted-birth/>