

Trial of Labour after CEsarian

Some birthing parents who have had a cesarian section are interested in trying to have a vaginal delivery in a future pregnancy. This is possible in Peace River but requires careful consultation and involvement of our whole medical team.

During your prenatal care we will review the risks vs benefits of an elective repeat cesarian section (ERCS) vs a trial of labour after cesarian (TOLAC). An excellent guide to this discussion is found at the link below.

You will be booked in with one of our family practice surgeons to review in greater detail. When you are in labour we will also inform them so that they are ready to respond if there is an emergency.

It is VERY IMPORTANT that you have adequate time between pregnancies in order for the scar on your uterus to heal properly. In Peace River, we require a minimum of 18-24 months between deliveries. Some obstetricians in larger cities may deliver at shorter intervals but this is too high risk for our small remote community.



<https://www.trialoflabour.to/patient-handouts>